

MOTHERS DAY at SHENLEY PARK



Bring Mother to us on Sunday 3rd April, 12-5pm
Mothers Day Pampering in the Walled Garden
Treat both Mothers and yourselves to a choice of Indian Head
Massage, Japanese Facial Massage, Reflexology or Reiki, see
overpage

Or simply come and visit the Walled Garden
Enjoy refreshments and browse the Plant Sales
Why not visit the Tea Rooms for lunch or afternoon tea
All in aid of the National Garden Scheme Charity

Cost £3 admission, children free.

Pampering £15 for a 30 min treatment

All Mothers receive a free gift and
the chance to win

a free Indian Head Massage

www.shenleypark.co.uk

01923 852629





Natural Gateway Clinic

Complementary Medical Centre



MOTHER'S DAY PAMPERING

The Natural Gateway Clinic is delighted to be offering pampering treatments in the beautiful Walled Garden at Shenley Park. Our team will match the beauty of the surroundings by providing you with a range of wonderfully relaxing and indulgent treatments.

All treatments will take half an hour and cost £15.

Here is an idea of what will be available on the day.....

Indian Head Massage

A deeply calming and relaxing massage to the upper arms, shoulders, neck, head and face that will leave you feeling energised and revitalised.



Japanese Facial Massage

This indulgent treatment acts as a natural facelift and will leave you feeling good on the inside and the outside.

Reflexology

A wonderfully relaxing and soothing treatment using light pressure to massage reflex points in the feet to release tension and encourage deep relaxation.

Reiki

This is a very gentle yet powerful method of healing. Reiki is uplifting, positive and its effect can be profound.



Other treatments may include Hopi Ear Candling, Thai Hand & Foot Massage, Traditional Facials, Osteopathic Consultations and Life Coaching tasters

If you would like to pre-book a treatment or purchase a voucher please call the Natural Gateway Clinic on:

020 8953 5144

Natural Gateway Clinic

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